

ONE FAT BIRD LUNCH FROM 11.30AM

FREEHOUSE & KITCHEN

SNACKS

Spinach & Artichoke Cream Cheese Dip v
With grilled bread 15

Brisket & Cheddar Cheeseburger Dumplings
With secret sauce 18

Salt & Pepper Squid df
Crispy salt and Szechuan pepper squid with nam jim 18

Korean Pork Belly df
With gochujang BBQ sauce and Kewpie mayonnaise 18

Chicken Wings gf*
With a choice of sauce 18

→ Buffalo
→ Nam jim
→ Lemon pepper & parmesan

Arancini Balls v
Smoked mozzarella and tomato arancini balls, with pesto aioli 17

Loaded Fries
With slow-roasted pulled pork shoulder, rich beef gravy, melted cheese and sour cream 18

Waffle Fries v
With house-made aioli 13

House Fries gf / v
With house-made aioli 11

\$1 ALL DAY WINGS WEDNESDAY

SALADS

Hail Caesar! gf* / v*
Soft poached egg, bacon bits n' pieces, flour tortilla strips, garlic and anchovy dressing, cos and shaved parmesan 19

Vegan Bird gf / ve
Spiced chickpeas, roasted veg, wilted spinach, toasted seeds and nuts with lemon dressing 22

Smoked Chicken Cob Salad
Cos lettuce, tomato, sweetcorn, avocado, black bean salsa, crispy tortilla strips, chipotle dressing 25

+\$5 ADD CHICKEN / HALLOUMI

BRUNCH

Bacon & Eggs gf* / df*
With ciabatta toast 14

The Fat Benedict gf / df
Poached eggs hollandaise, spinach, hash browns with your choice of
→ Salmon 22
→ Bacon 22
→ Mushroom 21

One Fat Brekkie gf* / df*
Pork sausage, roasted mushrooms, bacon, hash browns, roasted tomato, poached eggs and sourdough 25

Veggie Bird Brekkie gf* / df*
Poached eggs, grilled halloumi, wilted spinach, hash browns, roasted tomato, roasted mushroom and toasted sourdough 24

Phat Waffles
Vanilla waffles, Cointreau berry compote, whipped cream, meringue crumble and maple syrup 18
→ Add bacon +6

ADD ON

bacon 6 eggs 5
halloumi 6 roasted mushrooms 5
spinach 5 roasted tomato 5

THURSDAY BURGER & A PINT OR WINE FROM 5PM \$25

FRIDAY 5PM - 7PM HAPPY HOUR

LUNCH

Legendary Seafood Chowder
Market fish, green lip mussels, prawns, squid, drizzled with crayfish bisque and smoked paprika oil. Served with sourdough 25

Beer Battered Fish & Chips gf* / df*
With herb slaw, tartare sauce and lemon 26

TACOS YOUR WAY 2 PER SERVE

Baja Fish
Battered fish tacos with slaw, chipotle mayonnaise, pink onions and lemon 20
OR

Slow Cooked Pork Belly
With slaw, chipotle mayo and pink onions 20

Southern Fried Chicken
Creamy whipped mash, Alabama slaw, red eye gravy and sriracha mayo 28

Open Minute Steak Sandwich
With bacon onion jam, café de Paris butter, salad and fries 22

BURGERS

ALL SERVED WITH FRIES

One Fat Cheeseburger
100% NZ grass-fed beef, burger sauce, dill pickles, American cheese, shaved red onion, Heinz ketchup 27

The Korean Chicken gf*
Fried Korean chicken, sriracha, orange marmalade, chipotle mayo, coriander and iceberg 27

Chipotle Hemp Burger df / v / ve
Hemp and chipotle patty, jalapeños, coriander 'mayo', pickled onions, vegan cheddar, lettuce and salsa roja 26

+\$3 GLUTEN FREE BUN

gf gluten free / df dairy free
v vegetarian / ve vegan
* on request

SNACKS

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With grilled bread 15

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With secret sauce 18

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With a choice of sauce 18
→ Buffalo
→ Nam jim
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Smoked mozzarella and tomato arancini balls. Served with pesto aioli 17

Loaded Fries
With slow-roasted pulled pork shoulder, rich beef gravy, melted cheese and sour cream 18

Waffle Fries v
With house-made aioli 13

House Fries gf / v
With house-made aioli 11

ONE FAT BIRD

FREEHOUSE & KITCHEN

MAINS

Classic Whitebait Fritter
Watercress salad, charred lemon, citrus aioli 26

Southern Fried Chicken
Creamy whipped mash, Alabama slaw, red eye gravy and sriracha mayo 28

250gm Sirloin gf*
Served with Anna potatoes, seasonal veg and your choice of sauce 34
→ Mushroom
→ Café de Paris butter

200gm Eye Fillet
Served with Anna potatoes, seasonal veg and your choice of sauce 36
→ Mushroom
→ Café de Paris butter

1/2 Roast Chicken
Grilled and finished with olive oil, garlic and rosemary with roasted veg, port wine jus, truffled polenta, citrus and pomegranate yoghurt 32

THURSDAY
BURGER & A PINT OR WINE
FROM 5PM

\$25

FRIDAY
HAPPY HOUR
5PM - 7PM

Lamb Ribs gf* / df
Mesquite smoked Hawke's Bay lamb ribs, blueberry and lemonade basting with fries and slaw 38

Legendary Seafood Chowder
Market fish, green lip mussels, prawns, squid, drizzled with crayfish bisque and smoked paprika oil. Served with sourdough 25

Beer Battered Fish & Chips gf* / df*
With herb slaw, tartare sauce and lemon 26

Snap Crackle Pork
Crispy 15 hour pork belly, drunken date purée, apple, fennel and shallot slaw, apple cider jus 31

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Soft poached egg, bacon bits n' pieces, flour tortilla strips, garlic and anchovy dressing, cos and shaved parmesan 19

Vegan Bird gf / ve
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Smoked Chicken Cob Salad
Cos lettuce, tomato, sweetcorn, avocado, black bean salsa, crispy tortilla strips, chipotle dressing 25

+\$5 ADD CHICKEN / HALLOUMI

DINNER FROM 4PM

BURGERS

ALL SERVED WITH FRIES

One Fat Cheeseburger
100% NZ grass-fed beef, burger sauce, dill pickles, American cheese, shaved red onion, Heinz ketchup 27

The Korean Chicken gf*
Fried Korean chicken, sriracha, orange marmalade, chipotle mayo, coriander and iceberg 27

Chipotle Hemp Burger df / v / ve
Hemp and chipotle patty, jalapeños, coriander 'mayo', pickled onions, vegan cheddar, lettuce and salsa roja 26

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DESSERT

Chocolate Brownie Slab v

With Whittaker's chocolate mousse, roasted white chocolate and berry compote 12

Key Lime Pie v

With macadamia nut crust, fresh berries, meringue crumb and vanilla ice cream 12

Affogato v

Finish the evening with espresso ice cream and Amaretto 14

A Kiwi Favourite v

Vanilla ice cream sundae with wafer, chocolate soil, meringue crumb and your choice of sauce 12

→ [Chocolate sauce](#)

→ [Caramel Sauce](#)

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