

# ONE FAT BIRD LUNCH



## SNACKS

- Brisket Chilli Con Carne Nachos** gf  
Cheese, salsa & sour cream 22  
≈ Add avo +4
- Salt & Pepper Squid** df  
Crispy salt and Szechuan pepper squid with soy chilli sauce 18
- Cheesy Garlic Bread**  
Confit garlic butter and melted cheese 12
- Chicken Wings** gf\*  
With a choice of sauce 19  
≈ Buffalo  
≈ Chilli soy sauce  
≈ Lemon pepper & parmesan
- Dirty Mac & Triple Cheese Bites** v  
Adam's pizza sauce 18
- Loaded Fries**  
Slow-roasted pulled pork shoulder, rich beef gravy, melted cheese and sour cream 18
- Kumara Wedges** gf  
Sweet chilli and sour cream 13  
add pulled pork \$6
- House Fries** gf / v  
House-made aioli 11

## BRUNCH

- Bacon & Eggs** gf\* / df\*  
Ciabatta toast 14
- The Fat Benedict** gf / df  
Poached eggs, hollandaise, spinach, hash browns with your choice of  
≈ Salmon 22  
≈ Bacon 22  
≈ Mushroom 21
- One Fat Brekkie** gf\* / df\*  
Pork sausage, roasted mushrooms, bacon, hash browns, roasted tomato, poached eggs and toasted ciabatta 25
- Veggie Bird Brekkie** gf\* / df\*  
Poached eggs, grilled halloumi, wilted spinach, hash browns, roasted tomato, roasted mushroom and toasted ciabatta 24

## ADD

- BACON** +6
- EGGS** +5
- HALLOUMI** +6
- ROASTED MUSHROOMS** +5
- SPINACH** +5
- ROASTED TOMATO** +5

gf gluten free | df dairy free  
v vegetarian | ve vegan  
\* on request

## MAINS

- Legendary Seafood Chowder**  
Market fish, green lip mussels, prawns, squid, drizzled with crayfish bisque and smoked paprika oil. Served with ciabatta 20
- Pork Schnitzel**  
Whipped mashed potatoes, apple cider jus 20
- Baja Fish Tacos** - 2 per serve  
Battered fish tacos with slaw, chipotle mayonnaise, pink onions and lemon 20
- Slow Cooked Pulled Pork Tacos** - 2 per serve  
With slaw, chipotle mayo and pink onions 20
- Beer Battered Fish & Chips** gf\* / df\*  
With herb slaw, tartare sauce and lemon  
≈ small 20 / large 27
- Chicken Drums** gf\*  
Buttermilk fried drums, served with slaw and sriracha mayo 20

## BURGERS

All served in a potato bun with fries

- Vegan burger**  
Seared Hemp & chipotle patty with sweet caramelised onions, crisp fancy lettuce and vegan aioli served up in a steamy vegan burger bun 28
- Korean Fried Chicken**  
Potato bun, fried chicken breast with korean butter sauce, mix slaw with ranch, pickles 28
- Classic beef burger**  
Potato bun, 150g beef patty, cheese slices, crispy bacon, pickle onion, slice pickle, crushed fancy lettuce, tomato and mustard sauce 28

## SALADS

- Hail Caesar!** gf\* / v\*  
Soft poached egg, bacon bits n' pieces, flour tortilla strips, garlic and anchovy dressing, cos and shaved parmesan 22
- Vegan Bird** gf / ve  
Spiced chickpeas, roasted veg, wilted spinach, toasted seeds and nuts with za'atar dressing 22

**+ \$6 ADD CHICKEN / HALLOUMI**

**+ \$3 GLUTEN FREE BUN**

FROM 12PM



# ONE FAT BIRD



# DINNER

## STARTERS

### Cheesy Garlic Bread

Confit garlic butter  
and melted cheese 12

### Brisket Chilli Con Carne Nachos gf

Cheese, salsa & sour cream 22  
≈ add avo +4

### Salt & Pepper Squid df

Crispy salt and Szechuan  
pepper squid with soy chilli sauce 18

### Baja Fish Tacos - 2 per serve

Battered fish tacos with slaw,  
chipotle mayonnaise, pink onions and lemon 20

### Slow Cooked Pulled Pork Tacos - 2 per serve

Slaw, chipotle mayo and pink onions 20

### Dirty Mac & Triple Cheese Bites v

Adam's pizza sauce 18

## FRIES

### Loaded Fries

Slow-roasted pulled pork shoulder, rich beef  
gravy, melted cheese and sour cream 18

### Kumara Wedges gf / v

Sweet chilli and sour cream 13  
add pulled pork \$6

### House Fries gf / v

House-made aioli 11

## MAINS

### Steak gf, df\*

Your choice of  
≈ 250g Aged Sirloin 36  
≈ 200g Fillet 40

Served with potato gratin and seasonal veges.  
Choose Port wine jus or Cafe de Paris butter.  
Let us know if you prefer fries with your steak.

### Braised Beef Goulash gf, df\*

Paprika beef with capsicum, carrot and  
diced potatoes with grilled sourdough 29

### Deep Fried Winter Greens & Cheese Lasagne v

Marinara sauce, fondue, basil pesto,  
house salad 28

### Double Pork Schnitzel

Two Golden crumbed pork schnitzels  
served on creamy whipped potatoes  
with an apple cider jus 31

### Legendary Seafood Chowder

Creamy seafood chowder with market fish,  
green lipped mussels, prawns and squid  
drizzled with crayfish bisque and smoked  
paprika oil. Served with ciabatta 25

### Beer Battered Fish & Chips gf\* / df\*

With herb slaw, tartare sauce and lemon 27

### Snap Crackle Pork gf / df

Crispy 15 hour pork belly, roast pumpkin,  
apple, fennel and shallot slaw,  
Anna potatoes and apple cider jus 32



### Chicken Wings gf\*

Regular (8 wings) 19  
Large (15 wings) 29  
With a choice of sauce  
≈ Buffalo ≈ Chilli Soy Sauce  
≈ Lemon pepper & parmesan

### Southern Fried Chicken

Creamy whipped mash, Alabama slaw,  
red eye gravy and sriracha mayo 31

### Len's Drum & Chips Special

Buttermilk fried chicken drums,  
house slaw, fries and sriracha mayo 31

### Len's Duck Special

Confit duck leg, crispy Anna potatoes,  
seasonal veg and port wine jus 31

gf gluten free / df dairy free / v vegetarian  
ve vegan / \* on request

BIRD IS  
THE WORD

## BURGERS

All served in a potato bun with fries

### Vegan burger

Seared Hemp & chipotle patty with sweet  
caramelised onions, crisp fancy lettuce and vegan  
aioli served up in a steamy vegan burger bun 28

### Korean Fried Chicken

Fried chicken breast in Korean butter  
sauce with mixed slaw, sliced pickles  
and ranch dressing 28

### Classic Beef Burger

Whopping 150gm beef patty, double cheese,  
ketchup, crispy bacon strips, pickled red onions,  
crisp fancy lettuce, sliced pickles, One Fat burger  
sauce served up in a steamy potato milk bun 28

## SALADS

### Hail Caesar! gf\* / v\*

Soft poached egg, bacon bits n' pieces,  
flour tortilla strips, garlic and anchovy  
dressing, cos and shaved parmesan 22

### Vegan Bird gf / ve

Spiced chickpeas, roasted veg, wilted  
spinach, toasted seeds and nuts with  
za'atar dressing 22

+\$6 ADD CHICKEN / HALLOUMI



FROM 5PM